



General Certificate of Secondary Education
2024

Centre Number

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Candidate Number

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Health and Social Care

Unit 1
Personal Development
Health and Well-Being



[GHL11]

MONDAY 13 MAY, AFTERNOON

TIME

1 hour 30 minutes, plus your additional time allowance.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

You must answer the questions in the spaces provided.

Do not write outside the boxed area on each page or on blank pages.

Complete in black ink only. **Do not write with a gel pen.**

Answer **all** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

Quality of written communication will be assessed in Questions **2(e)(i)**, **3(a)(ii)** and **3(f)**.

1 Alison, aged 20, is a single parent with a baby boy, Noah, who is three weeks old. They live in a small apartment. Alison hopes to return to her job as a dental nurse when Noah is older.

(a) Alison is in the life stage of early adulthood, which is _____ to _____ years.

[2]

(b) Identify the type of relationship Alison has with Noah.

[1]

(c) Explain **two** ways becoming a parent may affect Alison's intellectual development and **two** ways it may affect her social development.

Effects on intellectual development

1. _____

_____ [2]

2. _____

_____ [2]

Effects on social development

1. _____

_____ [2]

2. _____

_____ [2]

(d) Alison's family is helping her cope with the life change of becoming a parent.

Use the headings below to describe how Alison's family may help her cope with this life change.

Emotional support

[3]

Advice and information

[3]

Practical help

[3]



(e) Alison has a low income as she is on maternity leave and only receives Statutory Maternity Pay.

Explain **three** ways low income may affect an individual's physical health and well-being.

1. _____

_____ [2]

2. _____

_____ [2]

3. _____

_____ [2]

(f) (i) Noah is in the life stage of infancy, which is from _____ to _____ years. [2]

(ii) Describe the expected patterns of intellectual and social development during infancy.

Expected pattern of intellectual development during infancy

[3]

Expected pattern of social development during infancy

[3]

2 Frank, aged 72, has coronary heart disease (CHD).

(a) (i) Frank is in the life stage of later adulthood, which is

_____ + years. [1]

(ii) Describe the expected pattern of intellectual development during later adulthood.

_____ [3]

(b) Explain how age may negatively affect Frank's self-concept.

_____ [2]

(c) Identify **three** ways CHD may affect Frank's physical health and well-being.

1. _____ [1]
2. _____ [1]
3. _____ [1]

(d) Frank lives in a small village. The nearest hospital is thirty miles away and there is a very poor bus service. Frank no longer has a car. He enjoys a range of activities in his local community. Frank has good neighbours who often call to visit him and check he is well.

Using the following headings, describe how geographical location may affect Frank's health and well-being.

Effect on physical health and well-being

[3]

Effect on emotional health and well-being

[3]



Effect on social health and well-being

[3]

(b) Olena works in a coffee shop every Saturday.

Explain how this may have a positive effect on her self-concept.

[2]

(c) Identify the type of relationship Olena has with the manager of the coffee shop.

[1]

(d) Olena has good relationships with her family and friends.

Describe how these relationships may have a positive effect on her emotional development.

[3]

(e) Occupational hazards are risks or dangers associated with a particular job.

Explain **three** ways Olena's physical health and well-being may be affected by the occupational hazards of her job at the coffee shop.

1. _____

_____ [2]

2. _____

_____ [2]

3. _____

_____ [2]

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For Examiner's use only	
Question Number	Marks
1	
2	
3	

Total Marks	
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Examiner Number

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